There are many myths associated with sexual assault. Some of these most common myths are:

<table>
<thead>
<tr>
<th>MYTH</th>
<th>FACT</th>
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<tbody>
<tr>
<td>People who are affected by alcohol or drugs are asking to be sexually assaulted</td>
<td>Being affected by alcohol or drugs can mean that a person is not able to consent to sex.</td>
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<tr>
<td>Women promote sexual assault by the way they dress or act</td>
<td>No woman asks or deserves to be sexually assaulted. Assaulters are responsible for their actions.</td>
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<tr>
<td>If a person didn’t scream or fight or has no injury, it could not have been a sexual assault.</td>
<td>Not screaming or struggling is a common response as a person may become paralysed with fear.</td>
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<tr>
<td>Men cannot be sexually assaulted because they can defend themselves.</td>
<td>Sexual violence may be experienced by both men and women.</td>
</tr>
</tbody>
</table>

**DATE RAPE**

Date rape happens when someone you are going out with (maybe even love or trust) forces or manipulates you into having sex when you don't want to. Regardless of the relationship, sexual assault can happen to anyone. Date rape can happen to women of all ages and descriptions. It is most frequent for those under 25.

**WHO DOES IT HAPPEN TO?**

Around 1/3 of Australian women experience some kind of sexual attack in their life. Date rape can happen to women of all ages and descriptions. It is most frequent for those under 25.

**WHY DOES IT HAPPEN?**

Date rape is one consequence of the inequality our society encourages between men and women and the ideas it promotes about masculinity. 'Real men' are supposed to be tough, competitive and dominating - to not take no for an answer. This kind of thinking in a relationship can easily lead to rape. Rape can also be used to teach a woman a lesson about power.

**DRINK SPIKING**

Drink spiking occurs when a drug is unknowingly placed in a person's drink in order to sedate or incapacitate them.

If you or your friend suspect that you have had your drink spiked you should:
- Stay with the person
- If unconscious call an ambulance
- Notify bar staff or police ASAP
- Get your urine tested ASAP through police or your GP.
- If you are drugged then so is your urine.
- Get to a safe place or hospital if unwell.

**FREE DRINKERS CHECKUP!**

Are you drinking at safe levels?

WONDERING IF YOUR CURRENT ALCOHOL CONSUMPTION LEVELS ARE AFFECTING YOUR HEALTH?

PERSONAL AND CONFIDENTIAL ASSESSMENTS ARE AVAILABLE AT
THE UNIVERSITY MEDICAL CENTRE
To arrange an appointment or for enquiries please contact: 6488 4651 or 6488 4652

**WIN! CHOCOLATE WHEEL**

Will be at your college dining hall soon!

Look out for the chocolate wheel coming soon to a venue near you.
Check out your uni or college news for more info on dates, times and locations.

**ABOUT THE UNIVERSITY MEDICAL CENTRE**

The University Medical Centre offers a full range of health and wellbeing services for students. We provide confidential and free health care and wellbeing services including sexual health and wellbeing, mental health, medical care, immunizations, health assessments and more.

**TERTIARY ALCOHOL PROJECT UWA MEDICAL CENTRE**

The Tertiary Alcohol Project is a free service provided by the University Medical Centre. We offer confidential and free health care and wellbeing services including mental health, medical care, immunizations, health assessments and more.

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